hello, FEARS

i What's the

BEST

that can happen



Michelle Poler



"COURAGE is CHECKING YOUR own BOXES—not THE ONES SOCIETY EXPECTS you TO CHECK—AND DEFINITELY not WHEN YOU ARE EXPECTED TO check them."

Think about the choices you've made in your life to satisfy others' expectations. Perhaps it was your career choice, the school you graduated from, the person you married (or divorced), the job you go to every day, the number of children you have, the way you look, the city you live in, the car you drive. Which of those choices were made to satisfy you, and which ones were to satisfy others, society perhaps?

Now, I want you to take a few minutes to answer the following questions:

1. If you could go back to school and choose a different career, what would you choose?

2. If you could live anywhere in the world, where would it be?

3. If you could surround yourself with anyone in the world, who would you like to surround yourself with?

4. If you could have any job in the world, what would it be?

5. Have any of your answers already come true? if not,

5. Have any of your answers already come true? if not, what is the very first, tiny step you can take to make some of those dreams a reality?

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